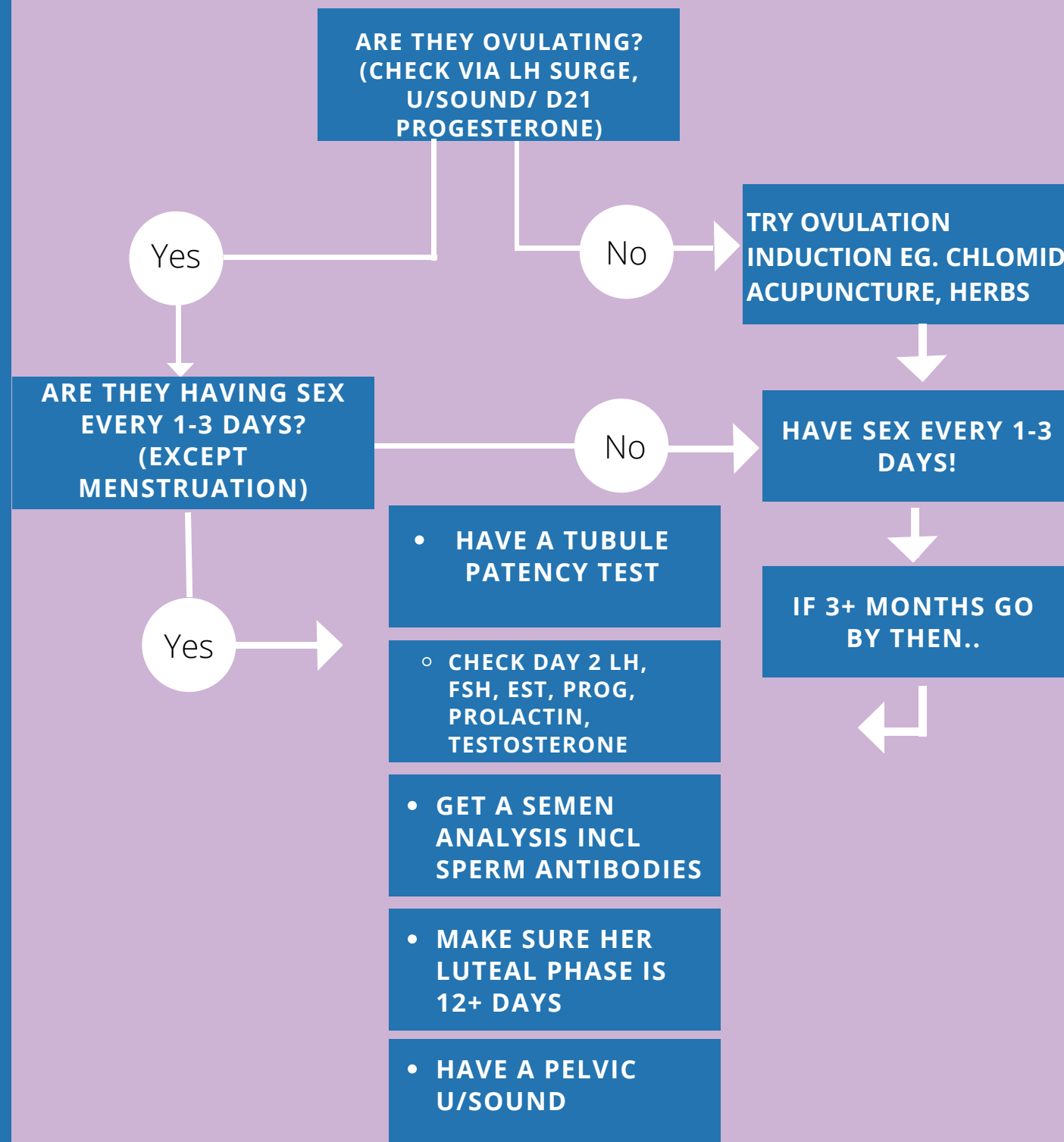
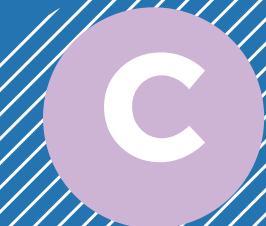


FERTILITY TROUBLE- SHOOTING GUIDE FOR PRACCIES

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HICKMAN
B.H.SC (TCM)

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**ALL RESULTS
NORMAL?**

No

**WORK OUT AN
INTEGRATED
TREATMENT PLAN
BASED ON ISSUES**

Yes

**IS OVARIAN
RESERVE OK?
(CHECK AMH + AFC
+ FSH- ALL 3)**

No

**CONSIDER IVF IF
BEEN TRYING FOR 6-
12 MONTHS**

+

**WORK TO IMPROVE EGG
QUALITY (DIET, SLEEP,
SUPPLEMENTS, HERBS,
ACUPUNCTURE)**

Yes

**IS LINING HEALTHY?
(THICK ON
U/SOUND, PERIODS
FRESH RED START
WITH NO CLOTS?)**

No

**WORK TO IMPROVE LINING HEALTH
VIA MEDS, DIET, SUPPLEMENTS,
HERBS, ACPUNCTURE ETC**

Yes

**IS EGG OR SPERM
QUALITY IMPLICATED?
(VIA PGT, MISCARRIAGE,
DAY 5 BLASTOCYST LESS
THAN 50% OF HARVEST)**

Yes

**WORK TO IMPROVE EGG + SPERM
QUALITY
(VIA DIET, SLEEP, SUPPLEMENTS,
HERBS, ACUPUNCTURE ETC)**